CPR in Wisconsin Schools Newsletter
February 2017

Program Updates

Teacher Training Sessions
Teacher training sessions have been hosted by each of the 12 CESAs across the state. These trainings provide teachers with information on how to provide high-quality CPR instructions in the classroom. Over 120 schools have participated in these trainings. The next round of statewide trainings is beginning this month and will be held in each of the 12 CESAs.

School Recruitment
Schools can join our program anytime. We will be holding trainings throughout the spring and fall of 2017. Beyond receiving teacher training and the materials for CPR classroom instruction, we will assist schools in linking to local healthcare agencies that can assist with the training by bringing real-world experience to the classroom. If your school would like to join our program please contact Kelli Mincheski, the program coordinator, at kmincheski@cesa7.org. Even if your school already has the equipment that you need, we encourage you to contact Kelli and join our network so that we can provide you with information on lessons learned from other schools while providing CPR training and share best practice ideas to all schools in Wisconsin.

Program Letter to Parents
During our teacher trainings, the need for a letter template that can be sent home to parents/guardians explaining that CPR training will be taking place was requested. This template is now available through the following link: https://cprinwischools.wordpress.com/resources/ and is attached to this newsletter.

CPR in Schools Legislation
On April 21, 2016 Governor Walker signed Act 390, requiring schools to incorporate CPR into any health curriculum offered between 7th and 12th grades.

CPR in the State

American Heart Association
February has arrived and that means it’s Heart Month. For more information on Heart Month activities you might consider for next year, visit www.heart.org and check out the Wisconsin chapter’s Facebook page.

Project ADAM
Project ADAM is a national non-profit organization that began in 1999 following the death of high schooler Adam Lemel after experiencing a sudden cardiac arrest. The program is committed to saving lives through preparedness to prevent sudden cardiac arrest cases. Learn more about Project ADAM here.

Program Improvements

Student Evaluations
Students should complete the standard American Heart Association pre and post-tests as part of the CPR training. These tests can be used to determine the effectiveness of individual training sessions but will also be used to evaluate the effectiveness of trainings state-wide:
Pre-Test: http://tinyurl.com/cprpretest
Post-Test: http://tinyurl.com/cprposttest

Tips and Tricks
Future newsletters will provide you with information gained from our post-training teacher interviews. We will share the experience and innovation developed by your colleagues from across the state as they provide CPR training in their classrooms. Please be sure to contact Kelli after your training to share your experiences.

CPR in Schools Coordinator: Kelli Mincheski (kmincheski@cesa7.org)
Follow our Facebook page for program updates: https://www.facebook.com/cprinwischools/